

### High Blood Pressure Control in Diabetes Mellitus

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*This measure is to be reported for all patients aged 18 through 75 years with diabetes mellitus — a minimum of **once** per reporting period.*

#### Measure description

Percentage of patients aged 18 through 75 years with diabetes mellitus who had most recent blood pressure in control (less than 140/90 mmHg)

#### What will you need to report for each patient with diabetes mellitus for this measure<sup>1</sup>?

- The most recent systolic blood pressure measurement
  - Systolic blood pressure < 130 mmHg OR
  - Systolic blood pressure 130-139 mmHg OR
  - Systolic blood pressure ≥ 140 mmHg

AND

- The most recent diastolic blood pressure measurement
  - Diastolic blood pressure < 80 mmHg OR
  - Diastolic blood pressure 80-89 mmHg OR
  - Diastolic blood pressure ≥ 90 mmHg

#### What if this process or outcome of care is not appropriate for your patient?

Some measures provide an opportunity for the physician or eligible health professional to document when a process or outcome of care is not appropriate for a given patient (also called performance exclusions). Because this measure is applicable to most if not all patients, there are no allowable performance exclusions.

<sup>1</sup>To describe both systolic and diastolic blood pressure values, *two CPT II codes must be reported* — 1) One to describe the systolic value; AND 2) One to describe the diastolic value. If there are multiple blood pressures on the same date of service, use the lowest systolic and lowest diastolic blood pressure on that date as the representative blood pressure.