

Counseling on Antioxidant Supplement

*This measure is to be reported for all patients aged 50 years and older with age-related macular degeneration (AMD) (in either one or both eyes) — a minimum of **once** per reporting period.*

Measure description

Percentage of patients aged 50 years and older with a diagnosis of AMD and/or their caregiver(s) who were counseled within 12 months on the benefits and/or risks of the Age-Related Eye Disease Study (AREDS) formulation for preventing progression of AMD

What will you need to report for each patient with AMD for this measure?

If you select this measure for reporting, you will report:

- Whether or not you counseled the patient and/or their caregiver on the benefits and/or risks of the AREDS formulation for preventing progression of AMD

The antioxidant vitamin and mineral supplements used in the AREDS formulation are listed below.¹

- Vitamin C
- Vitamin E
- Beta-carotene
- Zinc oxide
- Cupric oxide

What if this process or outcome of care is not appropriate for your patient?

There may be times when it is not appropriate to counsel the patient and/or their caregiver on the benefits and/or risks of the AREDS formulation for preventing progression of AMD, due to:

- System reasons²

In these cases, you will need to indicate that the system reason applies, and specify the reason on the worksheet and in the medical chart. The office/billing staff will then report a code with a modifier that represents these valid reasons (also called exclusions).

¹Source: American Academy of Ophthalmology. Preferred Practice Patterns Committee. Age Related Macular Degeneration. Limited Revision 2005.

²The system reason exclusion may be used if a clinician is asked to report on this measure but is not the clinician providing the primary management for AMD.