Major Depressive Disorder (MDD)

Diagnostic Evaluation

This measure is to be reported for all patients aged 18 years and older with MDD — a minimum of **once** per reporting period.

Measure description

Percentage of patients aged 18 years and older with a new diagnosis or recurrent episode of MDD who met the DSM-IV criteria during the visit in which the new diagnosis or recurrent episode was identified during the measurement period

What will you need to report for each patient with MDD for this measure?

If you select this measure for reporting, you will report:

■ Whether or not you documented DSM-IV criteria for major depressive disorder, during the visit in which the new diagnosis or recurrent episode was identified¹

DSM-IV criteria includes presence of at least 5 of the following symptoms during the same two week period (must include symptom 1 or 2):

- 1) depressed mood
- 2) marked diminished interest/pleasure
- 3) significant weight loss or weight gain
- 4) insomnia or hypersomnia
- 5) psychomotor agitation or retardation
- 6) fatigue or loss of energy
- 7) feelings of worthlessness
- 8) diminished ability to concentrate
- 9) recurrent suicidal ideation

What if this process or outcome of care is not appropriate for your patient?

Some measures provide an opportunity for the physician or eligible health professional to document when a process or outcome of care is not appropriate for a given patient (also called performance exclusions). Because this measure is applicable to most if not all patients, there are no allowable performance exclusions.

¹This measure is to be reported a minimum of **once per reporting period** for patients seen during the reporting period with a new diagnosis or recurrent episode of MDD. For patients whose episode of MDD began prior to the current reporting period, the clinician will need to report, once during the current reporting period, whether or not DSM-IV criteria was documented during the visit in which the new diagnosis or recurrent episode was identified.