

### Counseling on Antioxidant Supplement

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*This measure is to be reported for all patients aged 50 years and older with age-related macular degeneration (AMD) (in either one or both eyes) — a minimum of **once** per reporting period.*

#### Measure description

Percentage of patients aged 50 years and older with a diagnosis of AMD and/or their caregiver(s) who were counseled within 12 months on the benefits and/or risks of the Age-Related Eye Disease Study (AREDS) formulation for preventing progression of AMD

#### What will you need to report for each patient with AMD for this measure?

If you select this measure for reporting, you will report:

- Whether or not you counseled the patient and/or their caregiver on the benefits and/or risks of the AREDS formulation for preventing progression of AMD

The antioxidant vitamin and mineral supplements used in the AREDS formulation are listed below.<sup>1</sup>

- Vitamin C
- Vitamin E
- Beta-carotene
- Zinc oxide
- Cupric oxide

#### What if this process or outcome of care is not appropriate for your patient?

Some measures provide an opportunity for the physician or eligible health professional to document when a process or outcome of care is not appropriate for a given patient (also called performance exclusions). Because this measure is applicable to most if not all patients, there are no allowable performance exclusions.

<sup>1</sup>Source: American Academy of Ophthalmology. Preferred Practice Patterns Committee. Age Related Macular Degeneration. Limited Revision 2005.